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Seasons Greetings from RDS NW

We would like to wish all our clients and followers a restful Christmas and a prosperous New Year. Remember if you are planning an application for research in applied health and social care funding in 2020, get in touch and [complete an advice request form](#) here.

NIHR Blog - How NHS healthcare professionals can play an important part in research

Professor Hywel Williams, Director of the NIHR's Health Technology Assessment (HTA) Programme encourages healthcare professionals to take the next step in their research career and offers his top tips in identifying a good research question. His blog has been published as part of the NIHR's Your Path in Research campaign, [read it here](#).

Stroke Association Project Grants

The 2020 application call for the Stroke Association's Project Grants programme is now open. The programme provides grants of up to £250,000 over three years through two funding streams:

- Clinical Trial Project Grants
- Developmental Research Project Grants

For the 2020 Project Grant call, the Stroke Association is particularly interested in receiving research applications relevant to two highlight notices: fatigue (e.g. topics such as measures of fatigue; pathophysiology; fatigue management) and stroke carers (e.g. topics such as identifying as a carer, recognition of role and navigating information; help for carers in their caregiving role; support for carers to look after themselves). Applications should be submitted by the closing date of 4 February 2020 (5pm). [Further details here](#). If you would like research design advice for any application please submit your [advice request to RDS NW via this link](#).

Four easy ways to start your research journey #yourpathinresearch

Step 1. [Sign up for NIHR Signals](#) and stay informed on practices and treatments which could benefit your patients. NIHR Signals are short, accessible summaries of the latest important research from the NIHR and others.

Step 2. Find out what research is happening in your trust and how you can get involved. Most trusts have research departments who will be able to help you discover what research is taking place. [Contact the NHS Research & Development Forum](#).

Step 3. Make patients aware they could participate in a trial or study. 'Be Part of Research' website enables patients and members of the public to find relevant ways to get involved to help improve patient care.

Step 4. Tell NIHR where research is required by suggesting a research question. You know your patients best and for the NIHR to make informed decisions about what research to fund, the NIHR need a complete and balanced picture. [Find out more here](#).

Events and Webinars

[Cochrane Training: International PPI Network: Learning Live webinar series](#)

8 January 2020, 3.00 pm
31 January 2020, 9.30 am
5 February 2020, 2.00 pm

[Efficacy and Mechanism Evaluation Programme Webinar](#)

21 January 2020, 12.00 noon to 1.00 pm

[RDS NW Developing funding proposals in applied health and social care: First grants](#)

11 March 2020 - Liverpool

[NHS R&D NW 'Lets Talk Research' Conference](#)

Save the date: 25 June 2020 - Gorton, Manchester

More event and funding information on our [website here](#).

Approaching funding deadlines

[Research for Social Care - Competition 2](#)

Closing date - 22 January 2020

Funding opportunities

[Stroke Association Project Grants](#)

Closing date - 4 February 2020

[E&M E Programme 19/119 Mechanisms of action of health interventions](#)

Closing date - 5 March 2020

[Research for Patient Benefit Programme - Competition 41](#)

Closing date - 18 March 2020

Please always check with the event organiser or funder for up-to-date information